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WHERE'S THE BEEF?

Hamburgers may never be the same after meat grown from stem cells was fashioned into a burger and served up this past week. But if beef (or goat, pig or chicken) is grown in a lab ... is it still meat? See what scientists, vegans and others have to say on page 12.

ELISHA DACEY/METRO

Cool weather doesn't mean harsh winter ahead

Missing: Summer.
If found, please return to Manitoba

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

No need to press the panic button yet, Winnipeggers — the coldish weather we've been experiencing of late is not an indicator this upcoming winter will be any worse than usual.

Natalie Hasell, warning preparedness meteorologist for Environment Canada, said a slow-moving, low-pressure system originating in northeast Manitoba and clear skies are responsible for the chilly overnight temperatures in Winnipeg.

"The heat just escapes from the surface and that cools down the air," added Hasell.

"We're not really expecting that flow to change until later this weekend."

Hasell said the normal for this time of year in Winnipeg is 26 C, and she expects those highs toward the middle or end of next week.

She also warns against seeing this weather as an indicator of fall or winter temperatures, even if some citizens have reported seeing leaves on trees turning yellow.

"What we're having right now won't have much influence, if at all, on what our fall will look like or what our winter will look like," she said, adding that she does understand people's frustration, especially considering summer's late start.

"People are feeling like we've been cheated, like 'where is our summer?'"

The forecast for the weekend calls for sunny skies on Saturday and Sunday with the temperatures in the low to mid-20s.

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Swastika spree hits St. B

The Jewish human-rights organization B'nai Brith is working with the city to help get to the bottom of a "swastika spree" that showed up in St. Boniface this week. Anyone with information is asked to call the B'nai Brith Canada Anti-Hate Hotline at 1-800-892-2664, or the Winnipeg police non-emergency line at 204-986-6222.

CONTRIBUTED

Sinclair partly to blame for his own death: Doctor

Brian Sinclair case. Solvent abuse behind many of his health problems, inquiry hears

The death of a homeless man who waited 34 hours for treatment in a Winnipeg emergency room was partly self-inflicted, says a doctor who examined the man's brain.

Dr. Marc Del Bigio wrote an email suggesting that double-amputee Brian Sinclair's chronic solvent abuse caused the health problems that brought him to the emergency room of the Health Sciences Centre in September 2008, the inquest into Sinclair's death heard on Thursday.

Sinclair died from a treatable infection caused by a blocked catheter. But after reviewing hundreds of pages of Sinclair's medical history, Del Bigio told the province's medical examiner and CEO of the Winnipeg Regional Health Authority that the hospital was not solely responsible for his death.

"We should not lose sight of the fact that this man's problems were self-inflicted," Del Bigio wrote in June 2009. "His cognitive disability and neurogenic bladder were the consequence of decades of solvent/inhalant abuse. Societal blame can only go so far."

Quoted

"At some level, individuals must accept responsibility" for their own health.

Dr. Marc Del Bigio

The inquest has already heard how the 45-year-old had visited a health clinic because he hadn't urinated in 24 hours. The doctor referred him to the hospital and put him in a taxi with a letter in his pocket for medical staff.

Sinclair was seen wheeling himself up to the triage area, speaking to an aide and then waiting in the emergency department for 34 hours. During that time, he vomited on himself and sat without moving for hours before a concerned patient approached security.

The medical examiner said Sinclair had probably been dead for hours before he was discovered.

Sinclair had suffered severe brain damage due to sniffing glue and other solvents, Del Bigio said. Given his mental state, Del Bigio said Sinclair shouldn't have been sent by taxi to the emergency room.

"Mr. Sinclair was declared mentally incompetent years earlier," Del Bigio wrote in his email. THE CANADIAN PRESS

Assault allegations

Mennonites want kids back: Lawyer

A lawyer representing some parents from an orthodox Mennonite community in Manitoba says his clients are willing to abide by court-imposed rules to get their children back.

Paul Walsh says he has spoken with 10 parents of 18 young children seized by the province and they have agreed to a list of conditions set out by Child and Family Services.

Court documents show 23 children were seized from their homes in June, although other estimates put the number as high as 40. Thirteen adults have been charged with assault offences after accusations that some boys and girls were hit with cattle prods, whips and leather straps.

THE CANADIAN PRESS

Five years later

Inquest into police shooting going ahead

An inquest has been called into the shooting death of an aboriginal man by Winnipeg police five years ago.

Craig McDougall was shot on Aug. 2, 2008, after police say he refused to drop a knife. But some witnesses said the 26-year-old man had just a cellphone, not a knife. McDougall was also stunned with a Taser.

At the time of the shooting, Manitoba native leaders asked the province to hold a public inquiry into McDougall's death, but that request was denied. THE CANADIAN PRESS

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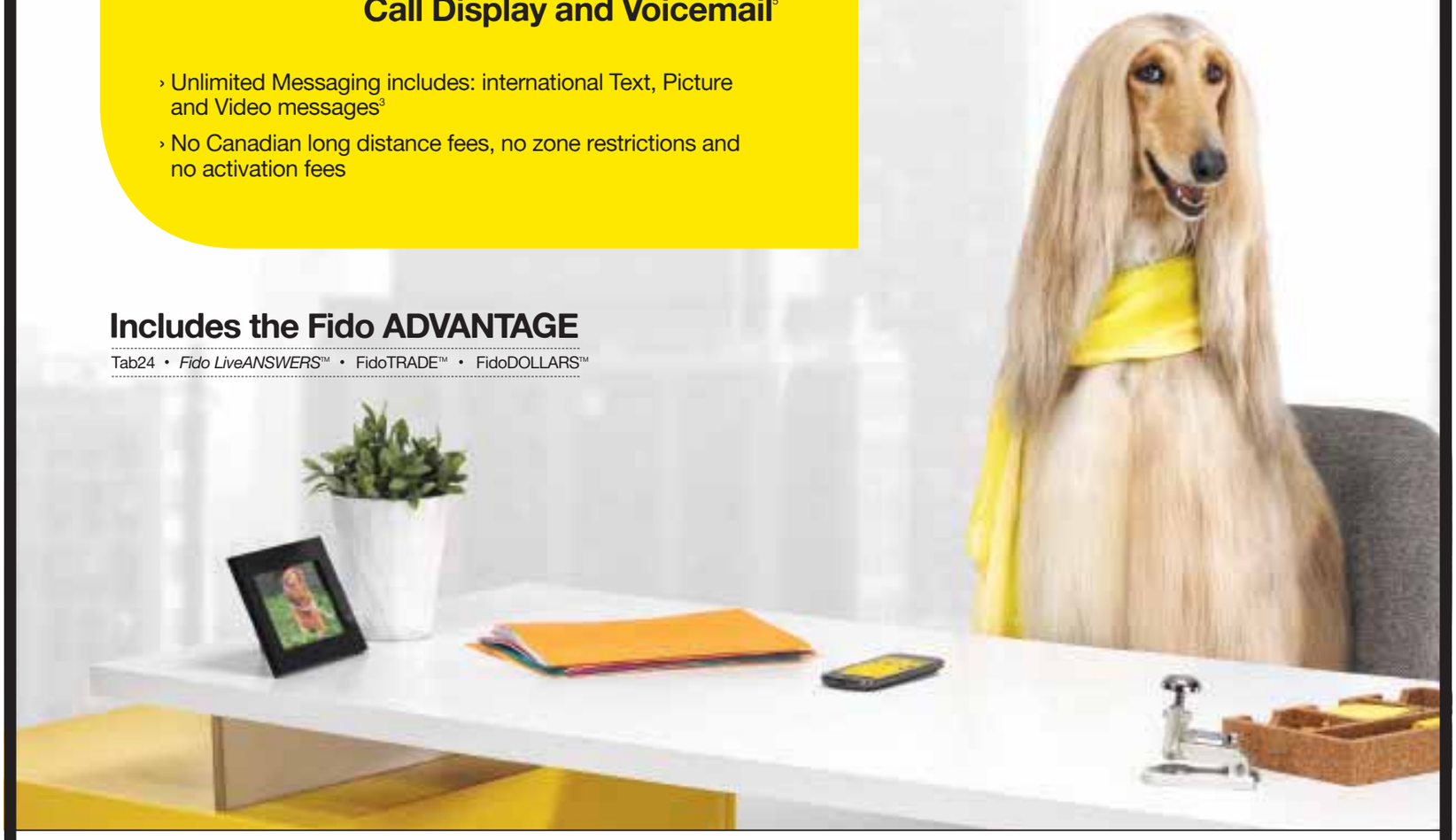

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Staples of the '80s that should be left there

BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Ghostbusters was the first of six 1980s movies that Downtown Winnipeg BIZ is showing Tuesday nights on a 40-foot, open-air screen in August.

While we applaud the organization's fantastic choice of films (Ferris Bueller's Day Off is scheduled for this coming Tuesday), here's a list of certain things best left in that bodacious decade.

Flock of Seagulls/ teased hair

You couldn't run far away enough to avoid seeing these monstrosities of hair, which took hours upon hours of mirror-time and combing effort. Considering how much hairspray was used in this decade, it's a wonder there weren't more incendiary incidents, à la Michael Jackson's Pepsi commercial.

Reaganomics

Former Hollywood actor turned U.S. President Ronald Reagan promised to reduce government spending and regulations, reduce federal income and capital gains taxes and target inflation. Yet the public debt, unemployment and inflation rates rose during his time in office, causing opponents to lambaste Reagan's "trickle-down economics."

Edmonton Oilers Dynasty

This one is well-timed, since Oilers' fans are currently commiserating the 25th anniversary of superstar Wayne Gretzky's trade to the Los Angeles Kings, thus ending their run of five Stanley Cups in seven years (1983-1990). How many times did the Oilers boot the Winnipeg Jets out of the NHL playoffs? Enough times that Jets fans recall this trade fondly.

Shoulder pads for the gals, cropped T-shirts for the guys

Why women needed to look like football players and men needed to expose their bellies will remain among the enigmas of the 1980s. Were they letting their inner Madonna shine? Papa don't preach, baby.

Heartthrobs named Corey

Corey Hart, Corey Haim, Corey Feldman … you couldn't walk a junior high or high school hallway without seeing these faces on posters on the inside doors of girls' — and some boys' — lockers. To be fair, these men were responsible for Sunglasses at Night, The Goonies and The Lost Boys, classics that still bring oodles of joy to the pop culture set.

Birds. Not a plane, not Superman, it's dead birds

Dozens of birds have been found dead or barely alive in Winnipeg's North End, raising lots of questions but no answers.

The owners of a restaurant nearby on Main Street say they saw hundreds of birds swooping from the sky and covering a field.

The city sent a crew to pick up the remains of the birds in the area of King Street and Dufferin Avenue. Contractors sent to clean up the dead birds said they were surprised by the numbers.

Manitoba Conservation is investigating the deaths of the birds, which it says are common grackles.

The birds that were alive were taken to the Winnipeg Humane Society to be looked at by a vet.

"I saw birds, some of them falling from the sky," said Rwandan Sakoli, who works in the area.

He said he saw birds falling from trees over the noon hour Wednesday.

"It's something in the skies. It was affecting them and they were dropping dead," he said.

Restaurant owner Susan Tiginagas said: "There's so many of them and they were going crazy."

City worker Cameron Vonau said he's never seen that many dead birds in one area.

"This is pretty crazy. I get calls for maybe one or two at the same location," Vonau said.

In January, a Brandon man became concerned over two dozen dead sparrows that turned up in his backyard.

A vet said it was likely a salmonella infection spread by the birds, which usually happens in winter months.

THE CANADIAN PRESS

Dozens of grackles fell from the sky in the North End on Wednesday.
CONTRIBUTED

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Airport closed by Israel after Egypt warns of attacks

Eilat. Airport in the Red Sea resort closed briefly after reports terrorist groups planned to fire missiles

Eilat in Israel borders Egypt. ARIEL SCHALIT/THE ASSOCIATED PRESS

Israel briefly prevented landings at an airport in the Red Sea resort of Eilat on Thursday, as Egyptian officials warned of possible rocket attacks coming from its territory on the Sinai Peninsula.

The partial closure was in effect for about two hours before being lifted Thursday evening, said a military spokesman, Lt. Col. Peter Lerner. Lerner said the decision to close the Eilat airport was made as a result of a security assessment, but he did not elaborate.

Eilat, on Israel's southern tip, is a major destination for domestic and international tourists. It is close to the Sinai, where Islamic militants and tribesmen have defied Egyptian security for years.

An Egyptian security official said that the country received intelligence suggesting terrorist groups planned to fire missiles Friday at Israel, as well as at locations in northern Sinai and the Suez Canal. Militants have fired rockets from the Sinai toward Eilat in the past. THE ASSOCIATED PRESS

World's Muslims celebrate the end of Ramadan

A Pakistani beautician paints the hand of a customer with henna ahead of the Muslim Eid al-Fitr holiday in Islamabad on Thursday. Pakistani Muslims will start celebrating the Eid al-Fitr holiday on Friday. It marks the end of the holy fasting month of Ramadan. B.K. BANGASH/THE ASSOCIATED PRESS

Chile's census errors

President asks for 'forgiveness'

Chile's president Sebastian Pinera said Thursday that he asks forgiveness from all Chileans for errors in the 2012 census. Experts said 9.3 per cent of the population was not counted. THE ASSOCIATED PRESS

Argentina

At least 10 dead in gas explosion

A cat was pulled alive from the ruins of an apartment that collapsed in a huge gas explosion in Rosario, but with 11 people still missing, rescuers tried without success Thursday to find human victims.

"Until we remove the last brick, we'll always expect to find people alive," federal police commissioner Angel Poidomani, leading one of the rescue teams, told Rosario's La Capital newspaper. More than 60 people were injured in the blast. Authorities have identified 10 of those killed and there were conflicting reports about a possible 11th death. THE ASSOCIATED PRESS

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Atlantic. Peak hurricane season to be a bit wilder than normal this year

This Atlantic hurricane season may not be quite as busy as U.S. forecasters once thought, but they still warn of an unusually active and potentially dangerous few months to come.

The National Oceanic and Atmospheric Administration updated its hurricane season forecast Thursday, trimming back the number of hurricanes they expect this year to between six and nine. That is a couple less than they predicted back in May.

"Make no bones about it, those ranges indicate a lot of activity still to come," said lead seasonal hurricane forecaster Gerry Bell of NOAA. "We're coming to the peak of hurricane season now."

Hurricane season starts in June and runs until the end of November, peaking from mid-August to mid-October. THE ASSOCIATED PRESS

View Royal, B.C.

Firefighters slide boy to safety

A Vancouver Island youngster's effort to retrieve a dropped iPod left him wedged between two boulders, but firefighters quickly helped him make a clean getaway.

The incident happened Wednesday afternoon on a suburban Victoria beach, says View Royal Fire Chief Paul Hurst.

By the time firefighters arrived the panicked child was dangling by his shoulders and head, with the rest of his body between the rocks, and the tide was rising. Hurst says rescuers placed a thin, hard piece of plastic behind the boy and poured nearly 20 litres of liquid soap over him before they pulled him, unscathed, from between the boulders. THE CANADIAN PRESS

Flying like Iron Man sparks environmental concerns

Customer Victor Verlage rides a Jetlev jetpack in Honolulu.
AUDREY MCAVOY/THE ASSOCIATED PRESS

Honolulu. New devices that pump water fast enough to defy gravity can propel riders up to 14 metres into the air

Thrill seekers eager to try the next new water sport are rushing to strap on jetpacks that propel people into the air with the help of pumped water. But the devices are causing requests for regulation in Hawaii, where fishermen, scientists and state officials are questioning their safety and their effects on tropical fish and coral.

Victor Verlage, a 51-year-old corporate executive who used a Jetlev jetpack (operated by the company H2O Water Sports Powered by Seabreeze) while visiting from Mexico, compared it to kite surfing but said it's "10 times better."

"You feel the adrenaline rush," he said.

The devices are starting to show up for recreational rental in San Diego, Key West, Fla., and Cancun, Mexico.

But the state Department of Land and Natural Resources in Hawaii called a public meeting about the jetpacks last month to express alarm about unsafe manoeuvres and environmental impact.

University of Hawaii coral scientist Bob Richmond told officials he was concerned about the noise the devices make, as fish avoid areas that are too loud. He's also worried that fish and coral larvae could get pumped through some of the equipment and die.

The state may find a way to accommodate the jetpacks in selected places, said William Aila, chairman of the Board of Land and Natural Resources. But Aila said studies are needed to examine the effect on fish and coral. THE ASSOCIATED PRESS

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Two teens face child porn charges in Parsons case

Cyberbullying. Father of 17-year-old who took her own life calls arrests 'bittersweet'

HALEY RYAN
Metro in Halifax

Two young men are facing child pornography charges in the case of Rehtaeh Parsons, nearly two years after her parents allege the teen was gang-raped and a photo of the incident was shared via social media.

On Thursday evening, Halifax police held a news conference to announce the charges.

"A young girl … experienced the harsh nature of a world of people wanting to do harm and using social media to do it," said Halifax Regional Police Chief Jean-Michel Blais.

"We hope that today's arrests help the community to heal," added Halifax RCMP Chief Supt. Roland Wells.

The young men, both 18, were arrested around 8 a.m. Thursday. One faces two counts of distributing child pornography, and the other charges of making and distributing child pornography.

Blais said no sexual assault charges will be laid because the Crown advised there was "insufficient evidence" to bring any to court.

Glen Canning, Rehtaeh's father, said it was a "bittersweet" moment when he learned of the arrests.

"On one hand I would want to be very happy and very grateful … on the other hand, it's a bit of a bittersweet moment because Rehtaeh's dead now, and it doesn't really make much of a difference to her," he said.

Rehtaeh, 17, took her own life in April after nearly two years of bullying following an alleged rape at a party when she was 15.

Shortly after, a photo of the alleged incident was sent around her school.

The two teens charged Thursday have been released from custody and will appear in Halifax Youth Court on Aug. 15.

Quoted

"I hope it provides some measure of comfort to family members."

Prime Minister Stephen Harper, on the arrests made in the Rehtaeh Parsons case.

Rehtaeh Parsons is shown in a handout photo from a Facebook tribute page. Police say two teens face child pornography charges in the case of Parsons, the 17-year-old Halifax girl who was taken off life support following a suicide attempt in April. FACEBOOK/THE CANADIAN PRESS

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Alberta. Terrifying father-son glacier trip ends with a hug

Raymond Cossette had taken three steps across a snow bridge when it "disappeared" beneath his feet.

The 32-year-old Alberta man was six kilometres up a glacier on Mount Robson, an hour northwest of Jasper, Alta., with his father Robert. The elder Cossette had flown in from Gatineau, Que., for an annual father-son climbing trip.

But now Ray was free-falling down a crevasse, dropping at least 18 metres before the rope tethered to Rob topside began to tighten. When he hit a pack of deep snow roughly 25 metres below, Ray sank up to his neck.

"I was actually relatively calm, I was just waiting for the rope to catch," said Ray. "If (Rob) had given me two or three feet more slack, I would have been buried down there essentially."

Up above, the force of Ray's fall had swept Rob right off his feet. He'd already crossed the snow bridge with no problems, but now was being dragged back toward the hole.

Rob had carefully gone over safety precautions with his son the night before, practising knots until he got them right. He managed to anchor himself and went to work securing knots to stabilize the rope, but he couldn't hear Raymond initially and feared the worst.

"Nobody wants to lose their son ... nobody has a death wish," he said.

But Ray had managed to pull his shovel out and went to work digging himself out. Once free, he turned to the ice-climbing equipment in his pack but the frozen walls were too thick to dig into. Instead, Ray used a technique he'd practised by tying a rope to beams in his garage and shimmying up it.

When Ray reached the top, two hours after his fall, his father wrapped him up in a big hug.

The trip was over, but the father-son pair couldn't stay off the mountains for long, teaming up for an "easy summit" on Thursday. On future glacier climbs, they plan to add a third person to the rope.

JEREMY NOLAIS/METRO IN CALGARY

LGBT rights

Baird dismisses criticism by women's group

Foreign Affairs Minister John Baird is brushing off criticism of Ottawa's defence of sexual minorities' rights in foreign countries.

His comments come in response to an attack from a conservative women's group, which accused Baird of using taxpayers money to promote "his own personal agenda." THE CANADIAN PRESS

Sandy Hook

Newtown kids to stage musical with big help

Over 100 children from the Newtown, Conn., area are putting on a musical with the help of professionals.

The students have spent weeks working on Seussical the Musical, being put on by the foundation established after the Sandy Hook school massacre.

THE ASSOCIATED PRESS

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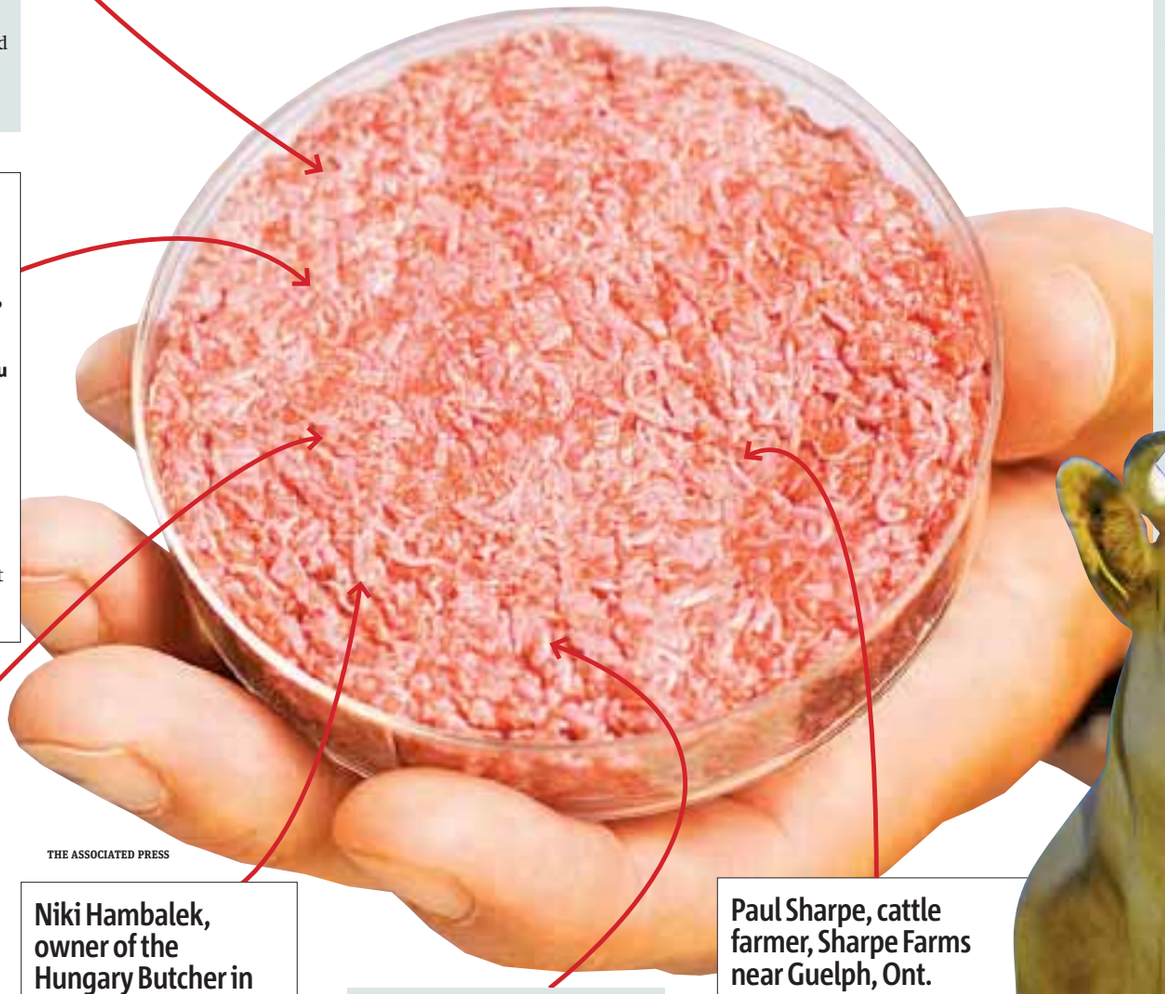
Is this bull?

For some, meat grown from stem cells instead of harvested from animals is an answer to the age-old problem of killing one creature for another's enjoyment. To others, the whole idea just seems ridiculous

METRO IN LONDON, ONT.



THE ASSOCIATED PRESS

Ingrid Newkirk, president of PETA

Is it meat? "It is real meat — it's flesh. It's muscle cells, when you're eating it you're eating animal flesh."

Would you eat it? "I don't need to try it; it doesn't interest me personally. If someone made a bet, (something like) Canada would go vegetarian today to eat it, I'd do it. If it helped to reduce suffering, I'd do it on a bet."

Michael Kuijpers, Vegan Activists of London, Ont.

Is it meat? "Yes."

Would you eat it? "I don't think so because it was grown from stem cells.... I support it (though) — any alternative that would help decrease the demand for animal products is a great thing."

Dr. Greg Kelly, biology professor, Western University

Is it meat? "I'd say it's meat.... You're bathing the cells in growth factors, nutrients, things the cells need to grow."

Would you eat it? "Sure, why not? I mean I'm not a big fan of veggie burgers, but it's an alternative. It's what you put on it that makes it tasty."

Niki Hambalek, owner of the Hungary Butcher in London, Ont.

Is it meat? "No. I would call it artificial meat. How could you call it beef? That's lying, right?"

Would you eat it? "Not at all. I wouldn't even consider it. I don't see any difference in cloning or doing this. How is it going to affect my health in 10 years?"

Vinod Sharma, president of United Hindu Congress of Canada

Is it meat? "It is not natural-grown food."

Would you eat it? "Absolutely not.... First of all, Hindu (people) don't eat beef. Secondly, we are totally against any kind of production of artificial meat for human consumption."

Paul Sharpe, cattle farmer, Sharpe Farms near Guelph, Ont.

Is it meat? "No. Is it very interesting? Yes. It's a topic of conversation, yes, but is it the same thing to me? No."

Would you eat it? "Sure, I would eat it, and I'm sure it's not going to kill me. I'm not afraid of that. Would I eat it on an ongoing basis? No."

ISTOCK

Grill-gotten gains

Meat never past its stem-cell-by date

The world is our oyster, er, better yet, meat market

A T. rex steak? A woolly mammoth taco? How about your grouchy old boss served up (quite literally) on a silver platter?

In theory, we could someday be eating it all without hurting anyone or anything — taken straight from stem cells lovingly nurtured in a petri dish and dished up on your dinner table.

Maastricht University in the Netherlands is at the root of what could become a modern food marvel. A team there has unveiled a hamburger (valued at $340,000) that was grown in a lab instead of cut from a cow.

And, experts say, that's only the start of where this could all wind up.

Simply put, if this whole thing shakes out, stem cells from pretty much anything we can get our hands on could be cultivated, grilled and enjoyed — depending on how strong your stomach is, of course.

JEREMIAH RODRIGUEZ/FOR METRO

After a deadly train derailment in Quebec last month, Sun News Network's Ezra Levant pondered if eco-terrorism was to blame. "Blocking trains is the new favourite tactic of Canada's environmentalists, anarchists and self-styled Indian warriors," Levant said. The channel will not be part of a basic-cable package, the CRTC ruled Thursday. SCREEN GRAB

CRTC turns down Sun News' basic cable bid

Television. But regulator says it plans to review rules for news channels

Sun News Network says it will stay on the air while the CRTC reviews the way news channels are regulated in Canada.

The Canadian Radio-television and Telecommunications Commission on Thursday rejected the network's bid to be carried on basic cable, casting fresh doubts on the future of the controversial upstart broadcaster.

But the CRTC also says it will review the regulations for news channels in Canada.

"The diversity of voices is an essential component of our society, particularly as they relate to news and information in the Canadian broadcasting system," CRTC chairman Jean-Pierre Blais said in a statement.

"Television news channels provide an important public service by ensuring that Canadians are exposed to different opinions and perspectives on matters that concern all citizens. We are concerned that, under the existing rules, Canadian news services are not being given a pride of place in our broadcasting system."

That provides a glimmer of hope for Sun News, which told the CRTC this spring that anything short of mandatory carriage would spell the end of the channel, dubbed Fox News North by some critics when it made its debut in April 2011.

THE CANADIAN PRESS

Fellow rejects

- The regulator also rejected 11 other applications, including Vision TV, Maximum Television Canada, the Canadian Punjabi Network and Starlight: The Canadian Movie Channel, which had the backing of luminaries like David Cronenberg, Denys Arcand and Atom Egoyan.

Atom Egoyan, left, and David Cronenberg

Road safety. Herzog teams up with AT&T for short film on texting and driving

In his documentaries, Werner Herzog has examined grizzly bears, plane crash survivors, cave paintings and death-row inmates. For his latest project, the filmmaker is exploring the dangers of texting while driving in From One Second to the Next, a 35-minute short film that emotionally recounts how lives have been forever changed by the issue.

"I knew I could do it because it has to do with catastrophic events invading a family," said Herzog, who has alternated between fiction (Rescue Dawn) and non-fiction (Grizzly Man) throughout his career.

"In one second, entire lives are either wiped out or changed forever. That kind of emotional resonance is something that I knew I could cover."

The documentary, which tells the stories of both victims and perpetrators, will be available to watch Thursday at ItCanWait.com and distributed by AT&T to more than 40,000 high schools, as well as hundreds of safety organizations and government agencies.

Quoted

"In one second, entire lives are either wiped out or changed forever. That kind of emotional resonance is something that I knew I could cover."

Filmmaker Werner Herzog

What inspired the legendary filmmaker to direct what's essentially a public-service announcement?

"It always depends on the project itself," said Herzog. "What AT&T proposed immediately clicked and connected inside of me. There's a completely new culture out there. I'm not a participant of texting and driving — or texting at all — but I see there's something going on in civilization which is coming with great vehemence at us."

THE ASSOCIATED PRESS

Werner Herzog's film about texting and driving can be seen at ItCanWait.com. ISTOCK

Market Minute

DOLLAR 96.86¢ (+0.92¢)

TSX 12,552.92 (+140.19)

OIL $103.40 US (-97¢)

GOLD $1,309.90 US (+$24.60)

Natural gas: $3.32 US (+7¢)
Dow Jones: 15,498.32 (+27.65)

Lac-Mégantic crash

Railway granted creditor protection

The railroad involved in the fatal Lac-Mégantic train derailment was granted creditor protection Thursday in a Canadian court, a decision expected to increase the value of the company's assets and speed up the payment process.

It remained unclear, however, just how much of its rapidly growing liabilities the railway will ultimately be able to pay off.

A Quebec Superior Court justice handed down the ruling after a request was made by Montreal, Maine & Atlantic Canada Co., a firm facing hundreds of millions of dollars in lawsuits, other legal claims and environmental cleanup costs linked to the disaster.

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AND IN OTHER SHARK NEWS...

THE METRO LIST

Mike Benhaim
metronews.ca

1 **When the dealin's done.** Amazon founder Jeff Bezos bought the Washington Post from the Grahams to whom it belonged for 80 years. The sale came as a surprise to many, so when Post Co. CEO Donald E. Graham was asked why he would sell his family business so suddenly, he said, "Look, I'm old. It's a newspaper, and the guy had $250 million." Touché, Donny.

2 **Global warming.** A new study revealed worrisome statistics from 2012. Rising sea levels and melting ice reached alarming levels. Temperatures were only slightly affected but have been increasing at a rate of about 1.5 C per decade over the last 50 years. In short, I may not have to worry in my lifetime, but we should all probably stop having kids.

3 **Shark week.** Headlines read "Dead shark found on NYC subway." Firstly, do we need the word 'dead' here? Or is it not enough that in a densely populated city, someone could enter a station with a three-foot-long stinking sea creature, wait for the train, drag it in before the doors close, and place it under a row of seats without anyone noticing?

4 **'Sppeling' be.** Twelve-year-old Thomas Hurley III misspelled the final Jeopardy! answer 'Emanciptation Proclamation,' which judges deemed unacceptable. The commotion caused by this completely overshadowed the fact that the real winner not only had the answer spelled correctly, but that his record-breaking score of $66,000 meant that Thomas had zero chance of winning anyway. But maybe I'm just 'nipticking.'

5 **Grand slam.** It was a big week for 38-year-old Alex Rodriguez who returned to baseball this week after his second hip surgery in four years. A-Rod also received a suspension for drug use, which he is appealing on the basis that, at his age and stage of his career, pretty much anything would qualify as "performance-enhancing."

6 **Birthday suit.** When asked if she was uncomfortable with the nudity and risqué sexuality in playing the role of Linda Lovelace, Amanda Seyfried shrugged and said, "It's a costume really. Just a naked body. We all look the same." Umm, no, but that's why I love Amanda Seyfried.

7 **The Bachelorette.** If I understand this correctly, Desiree told the final bachelor, "I publicly declared my love for another contestant who told me he didn't feel the same (just last week), and it made me realize I was in love with you all along." Ah, the romantic story we all long to tell our kids, and it's all on video. Cheers!

8 **This week in music.** In 1975 The Bee Gees hit No. 1 in America with Jive Talkin', which was the group's second U.S. chart-topper on the road to many more. They were also the first known white people to ever use that phrase.

9 **Piano in the dark.** The Canadian music community suffered a loss this week when James Gray died of a sudden heart attack. James was just 52, and played keyboards for the Rheostatics, Vital Sines, and Blue Rodeo. Among the countless artists who had the pleasure to work with Gray, he will be fondly remembered. His death leaves a gaping hole in the music community. As for me, I thank him for the songs he leaves behind.

Follow The Metro List on Twitter @TheMetroList

ZOOM

Could you use an unused station?

ALASTAIR GRANT/THE ASSOCIATED PRESS

Underground station for sale

Brompton Road underground station, now disused, in central London, is up for sale for about $31 million.

The station is near to the historic Brompton Oratory church and the ritzy Harrods department store. It opened in 1906 but turned out to be too close to other stations to attract many passengers, and was closed in 1934.

THE ASSOCIATED PRESS

Once also used by military in WWII

Brompton Road station is being sold by the Ministry of Defence, which bought the building in the 1936, when it became an army anti-aircraft headquarters, protecting London from German bombers during the Blitz.

The ministry, which is selling several properties and laying off thousands of soldiers in a cost-cutting drive, says the building has been declared "surplus to requirements" and will be put up for sale next month. The site includes a station building covered in the distinctive oxblood-coloured tiles of London Underground's Piccadilly Line. The ministry said the interior includes "a drill hall, garages, offices and mess," as well as elevator shafts and underground passages — though not the subway tunnels, which remain in use and belong to London's transit operator.

THE ASSOCIATED PRESS

One of many

- Brompton Road is one of several abandoned subway stations in London. Many are derelict, although Aldwych station has been preserved as a location for filming period dramas, and the former Hyde Park Corner station building was a restaurant and jazz club until it closed in 2010.

Clickbait

HANNAH ZITNER
hannah.zitner@metronews.ca

While it's not for the faint of heart, disaster tourism is booming. But for those whose wallet, anxiety levels, or phobias prevent them from diving into danger, the curious-but-not-that-curious can now easily partake in some armchair disaster tourism.

Destroyed ships are seen in Namie, Fukushima Prefecture. GETTY IMAGES

Fukushima

Years after the small Japanese town of Namie was evacuated in the wake of the Fukushima tsunami and nuclear disaster, Google brought their street view team and cameras to show the world what remains.

Chornobyl

While you can book private tours to see the remains of arguably the world's largest nuclear disaster, Google street view teams have yet to fully map the exclusion zone. Leave it to Google's Russian counterpart Yandex to fill in the gaps. Search maps.yandex.ru to get the digital tour.

Mount St. Helens

The area around the active volcano responsible for killing close to 60 people and destroying hundreds of homes in 1980 has been closed, reopened, closed again and now is open to hikers. Take the Google street view tour or get a 360 glimpse of the summit on Bing.

Twitter

@metropicks asked: An unused tube station in London is for sale. Would you buy it for $30M? What would you do with it?

@Canucklehead_ca: Clearly a batcave. If anyone says anything different they've simply neglected to think of a batcave. (BATCAVE!)

@cliffboldt: I would make it into a museum dedicated to the effects fo the free market economy on the United Kingdom.

@TransitQ: A Batcave sound nice, yes BUT let's ramp it up with a Super Heroes Command Centre...Tick? Carpet Man?

@Kris_Maki: emergency crash pad for when you just can't make it home and need to be in a bed NOW.

@LivingAsMe: I hope it's turned into a restaurant that offers delicious cuisine, an incredibly unique ambience, & night lounge

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU: Send us your comments: winnipegletters@metronews.ca

metro

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Synopsis

Set in 2154, humanity has split into two sections, the one per cent, who live on an Eden called Elysium that hovers high above Earth, and the 99 per cent who toil on what's left of our planet. The one per cent have it all plus medical care that can cure any ailment. On earth Max (Matt Damon) is an ex-thief who has always dreamed of living in Elysium and is now working a straight job to save enough to buy a ticket. When he's exposed to a lethal dose of radiation he makes a deal with a crime boss (Wagner Moura) who hires him to do a job for a one-way ticket to Elysium. Metro's Liz Brown sits in for Mark Breslin.

- Richard: ●●●○○
- Liz: ●●●○○

Matt Damon is convincing as a downtrodden guy with a dream in Elysium. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Back to the future?

Elysium. District 9 director's return to the big screen isn't as sci-fi fresh as his debut

Richard: Liz, director Neill Blomkamp's big screen debut, District 9, was a fresh slice of sci-fi with a real beating heart. He brings that same kind of humanity to Elysium, but it doesn't feel quite as fresh this time around. It's exciting, has some great action and ideas and everybody's boyfriend Matt Damon, but for all that, it feels much more standard than I hoped it would be. What did you think?

Liz: Richard, Elysium isn't as fresh because it's District 9 with prettier faces. There's an unfair class system, a guy who undergoes a grotesque transformation and the same dusty shanty towns. I even thought Blomkamp recycled footage from District 9 — the Los Angeles of 2154 looks oddly like the Prawn camp outside Johannesburg. But a shredded Matt Damon is a nice addition to the somewhat tired story.

RC: I should make it clear that I liked most of this movie. I think the setup is interesting, even if it is reminiscent of everything from Oblivion and even WALL-E, and for the first hour it does what great sci-fi should do, comment on the human condition. But then it becomes an ordinary bash-'em and beat-'em action movie with sentimental and mawkish overtones. It's not bad, and, in fact, at times is pretty great, just not as great as I expected.

LB: While the story was meh, for me, the bash-'em-up scenes were great. Watching Matt Damon and a deranged Sharlto Copley tangle in some mortal combat was a lot of fun. I thought Copley — who was the wimpy Wikus in District 9 — really stole the show in his role as a rogue secret service agent.

RC: Copley is entertaining, chewing through the scenery like he hasn't eaten in a week. Damon also impresses. He's believable as both the sensitive guy with a dream and the lethal, half-cyborg warrior capable of opening a can of futuristic whoop ass on everyone in his way. Jodie Foster is nicely cast as the ice cold Donald-Rumsfeld-style villain, but I found her perfect diction *really* distracting. Every word she says seemed to have its own finely honed shape to the point where I almost had a hard time understanding what she was saying.

LB: Foster wasn't the only one with distracting diction. I found the fast-talk in this film impossible to understand. I'm still not sure of the finer points of the Earthling plan to invade Elysium and maybe Matt Damon missed them too, judging from the way things go terribly wrong. He really got a raw deal didn't he? Only Damon could take on a lethal radiation dose, sketchy Tijuana-style surgery and a few beatings and still save the day.

Comedy

Planes

Director. Klay Hall

Stars. Dane Cook, Stacy Keach, Brad Garrett

After narrowly qualifying for the Wings Around the World Rally, Dusty (voice of Dane Cook), a single-propeller crop duster with a fear of heights, recruits the help of retired Navy Corsair Skippy (voice of Stacy Keach) to teach him how to win. Unfortunately the race's reigning champ Ripslinger (Roger Craig Smith) feels threatened by Dusty and conspires to dash his high hopes. Planes plays like an airborne Cars, but has a definite direct-to-DVD feel about it. There are good messages about the benefits of honesty and hard work, but the dull story never takes flight. **RICHARD CROUSE**

Drama

On the Road

Director. Walter Salles

Stars. Garrett Hedlund, Kristen Stewart

It's taken 55 years for the classic novel On the Road to be interpreted to the big-screen. Sadly, perhaps that struggle was a sign it never should've been. Adapted by Brazilian director Walter Salles (The Motorcycle Diaries), the quintessential road movie documenting writer Sal Paradise and his spontaneous pal Dean Moriarty's travels can't capture the magical energy of Jack Kerouac's so-called "unfilmable" novel and winds up inert and unaffecting. **STEVE GOW**

Objection! My destiny is to act — preferably with Matt Damon

Josh Blacker. 'I didn't want to be a lawyer ... I wanted to be a person pretending to be a lawyer,' the Elysium star says

KATE WEBB
Metro in Vancouver

It took Josh Blacker a few years of working as a litigator to realize that law was not nearly as dramatic a career path as he had hoped it would be.

The Vancouver actor, now 40, had pictured himself making passionate, nuanced arguments in front of a judge, but in practise his days in court were rare, and when he did go he found the script he had to follow was boring.

"I think what happened was I watched an episode of L.A. law, and thought, 'That would be fun,' and then realized later on that, in fact, I didn't want to be a lawyer," he told Metro in a recent phone interview from L.A.

"I wanted to be a person pretending to be a lawyer."

In 2004 he packed up and moved from Calgary to Vancouver to pursue his other lifelong dream, acting, which paid off big time when he was cast in Elysium: Oscar-nominated writer/director Neill Blomkamp's blockbuster sci-fi followup to District 9.

Set in the year 2154, two classes of people exist: the very wealthy who live on a pristine man-made space station called Elysium, and the rest, who live on an overpopulated, ruined Earth. Starring opposite Jodie Foster, Matt Damon, Sharlto Copley, Diego Luna, Brandon Auret, and Alice Braga, Blacker plays Crowe, a South African mercenary sent to protect Elysium. Blacker happens to have been born and raised in South Africa, so when he found out Blomkamp was casting a South African for the film, he says he felt he was destined to play the part. It is also the type of role in which he was comfortable and experienced, having appeared on a number of Vancouver-shot sci-fi TV shows such as Supernatural and Stargate: Atlantis.

Josh Blacker stars opposite Matt Damon and Jodie Foster in Elysium, opening in theatres Aug. 9. CONTRIBUTED

"Most of the time I play some pretty bad dudes," he said. "I've played marines and convicts and mercenaries and occasionally some guy that maybe you're not sure about that lives next door."

Blacker said working with Damon and Foster was a "dream come true" and called his feature film debut the most amazing experience of his career to date.

"He's exactly as you would expect him to be," he said of Damon. "He's grounded and warm as you would expect him to be, and he has a really great sense of humour. He's just a terrific guy and you can understand why he's one of the most bankable stars out there."

Elysium opens in IMAX and theatres nationwide on Aug. 9.

Azaria is more than just a voice

The making of Deep Throat. The voice of The Simpsons takes on the role of the director of iconic porn of the '70s — and hates wearing polyester

MATT PRIGGE
Metro World News in New York

Hank Azaria gets his turn in front of the camera in Lovelace. CONTRIBUTED

Hank Azaria is more often heard than seen, given that he's about to start his 25th season as the voice of Moe, Apu, Chief Wiggum, Comic Book Guy, et al. on The Simpsons. But he has a long history in front of the camera as well. He can currently be seen, under impressive makeup, as Gargamel in The Smurfs 2. The flip side of his talents can be seen in Lovelace, a biopic about the making of the legendary box office juggernaut porn Deep Throat, in which he plays the film's director, Jerry Damiano.

You were very young when Deep Throat came out. How aware of it were you then?
You heard about it. It was a big deal. I remember hearing Deep Throat and confusing it with Watergate. I knew it was sexual, but I obviously never saw the film, at least back then.

What attracted you to the project?
People were asking me if I had second thoughts doing it. I could imagine why Amanda (Seyfried, who plays star Linda Lovelace) might have second thoughts, with all the nudity. But I can't imagine why anyone else would. Post-Boogie Nights, why would anybody hesitate? You'd think I'd been asked to do a porn.

How did you prepare for the role?
There was a lot of interview footage of this guy. He's much like I portray him — he was very sweet and open and enthusiastic and thinking he was making art. He loved making movies, and loved pornography. It wasn't "Oh, s—, I wanted to be a filmmaker and I got stuck here!" This guy really loved making adult movies and wanted them to be as great as they could be, almost in a childlike way.

Was it easy to get into that '70s vibe?
The wardrobe and the hair really did that for us. It's hard not to feel like you're in the '70s when you're dressed head-to-toe in polyester. I found myself very grateful we're no longer in the polyester era, even though I wore it as a kid. Boy, is that stuff uncomfortable and ridiculous. It's like wearing plastic. It doesn't breathe.

How do you handle that tonal switch as an actor?
You just try to play things honestly. I was depicting Jerry very much as he was, how he sounded. He had his sense of humour and what he was earnest about. They did a smart thing in editing: They made it two very clear sections — here's the happy version of what happened, and here's the more realistic not so f—ing happy version of what happened. By doing that they avoided anybody saying this film has tonal problems. It's true that, like life, both extremes existed at the same time. But they were smart in the way they cut it to give you one version of the story, then another.

Apps

Ultimate Sharks

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

iPad
Free

Feed your fascination with Shark Week's 10 deadliest species, each animated and paired with size comparison charts, GPS maps, and Discovery Channel's best footage of terrifying attacks and daring research.

THESE PAGES COVER MOVIE START TIMES FROM FRI., AUG. 9 TO THURS., AUG. 15 TIMES ARE SUBJECT TO CHANGE.

Cinema City McGillivray
2190 McGillivray Blvd.

2 Guns (14A) Fri-Mon 12:05-2:45-5:25-8:10-10:45 Tue-Thu 1:30-4:15-7-9:35 Fri 4-7:10-10 Sat-Sun 1:20-4-7:10-10 Mon 4-7:10-10 Tue-Thu 4-7:10-9:50
Andre Rieu Live in Maastricht 2013 (STC) Wed 7
The Conjuring (14A) Fri-Mon 12-2:40-5:15-7:50-10:30 Tue 2:05-4:50-7:50-10:25 Wed 1:35-4:10-10:25 Thu 2:05-4:50-7:50-10:25 Fri 4:30-7:45-10:30 Sat-Sun 1:50-4:30-7:45-10:30 Mon 4:30-7:45-10:30 Tue 4:30-7:45-10:20 Wed 4:20-10:45 Thu 4:30-7:45-10:20
Despicable Me 2 (G) Fri-Mon 12:20 Tue-Thu 2:10
Despicable Me 2 3D (G) Fri-Mon 2:50-5:20-7:45-10:10 Tue-Thu 4:40-7:10-9:40
Grown Ups 2 (14A) Fri-Mon 12:15-2:45-5:25-7:55-10:25 Tue 2:20-4:55-7:40-10:10
Percy Jackson: Sea of Monsters (STC) Thu 2:30-5-7:30-10
Percy Jackson: Sea of Monsters 3D (STC) Wed 2:30-5-7:30-10
R.I.P.D. 3D (PG) Fri-Mon 12:30-3-5:30-8-10:20 Tue 2:30-5-7:30-10
Red 2 (PG) Fri-Mon 1:50-4:35-7:15-10 Tue-Thu 1:50-4:35-7:15-9:55
The Smurfs 2 (G) Fri-Mon 12:10 Tue-Thu 1:55
The Smurfs 2 3D (G) Fri-Mon 2:55-5:35-8:05-10:35 Tue-Thu 4:25-6:55-9:25
We're the Millers (14A) Wed-Thu 2:20-4:55-7:40-10:10
The Wolverine 3D (14A) Fri 3:30-6:30-9:30 Sat-Sun 12:40-3:30-6:30-9:30 Mon 3:30-6:30-9:30 Tue-Thu 3:30-6:30-9:25 Fri-Mon 1:50-4:50-7:40-10:40 Tue-Thu 1:25-4:10-7:05-10:05

Cinema City Northgate
1399 McPhillips Street

After Earth (PG) Fri-Wed 1:05-3:20-8
Best of Luck (14A) Fri-Thu 1:20-4:15-7:10-10:05
Chennai Express (STC) Thu 3-6:50-10:10
The Croods (G) Fri-Thu 12:50
The Croods 3D (G) Fri-Thu 3:10-5:30-7:55-10:15
Epic (G) Fri-Thu 1:10
Epic 3D (G) Fri-Wed 3:45-6:50-9:20 Thu 3:45-7:05-9:30
Fast & Furious 6 (14A) Fri-Thu 1:15-4:10-7-9:55
The Hangover Part III (14A) Fri-Wed 5:40-10:20
The Internship (PG) Fri-Wed 1:40-4:30-7:20-10:10 Thu 1:40-4:30-7:30-10:20
Star Trek Into Darkness (PG) Fri-Thu 1
Star Trek Into Darkness 3D (PG) Fri-Wed 4-7:05-10:10 Thu 4-6:55-10
White House Down (14A) Fri-Thu 1:25-4:20-7:15-10:15

Cinematheque
304-100 Arthur

American Mary (R) Fri-Sat 9
No Films Showing Today (STC) Mon-Tue
Safety Last (STC) Fri-Sun 7 Wed-Thu 7

City Cinema - Northgate
1399 McPhillips

The Best Offer (STC) Fri-Thu 1:20-4:15-7:10-10:05
The Croods (G) Fri-Thu 12:50
The Croods 3D (G) Fri-Thu 3:10-5:30-7:55-10:15
Epic (G) Fri-Thu 1:10
Epic 3D (G) Fri-Thu 3:45-6:50-9:20
Fast & Furious 6 (14A) Fri-Thu 1:15-4:10-7-9:55
The Hangover Part III (14A) Fri-Thu 5:40-10:20
The Internship (PG) Fri-Thu 1:40-4:30-7:20-10:10
Star Trek Into Darkness (PG) Fri-Thu 1
Star Trek Into Darkness 3D (PG) Fri-Thu 4-7:05-10:10
White House Down (14A) Fri-Thu
1:25-4:20-7:15-10:15

Famous Players
Kildonan Place
1555 Regent Ave W

Despicable Me 2 (G) Fri-Tue 2:15 Wed 11:45-2:15 Thu 2:15
Despicable Me 2 3D (G) Fri-Thu 4:50-7:20-9:50
Earth (G) Sun 12:45 Wed 11
Grown Ups 2 (14A) Fri-Tue 2-4:40-7:40-10:15 Wed 11:20-2-4:40-7:40-10:15 Thu 2-4:40-7:40-10:15
Pacific Rim (PG) Fri-Thu 9:30
R.I.P.D. (STC) Fri-Sat 2:30-5-7:30-10:10 Sun 2:50-5-7:30-10:10 Mon-Thu 2:30-5-7:30-10:10
The Smurfs 2 (G) Fri-Tue 1:40-4:20-7-9:40 Wed 11:10-1:40-4:20-7-9:40 Thu 1:40-4:20-7-9:40
Turbo (G) Fri-Tue 1:50-4:30-6:50 Wed 11:30-1:50-4:30-6:50 Thu 1:50-4:30-6:50
The Wolverine 3D (14A) Fri-Thu 1-4-7:10-10

Grant Park 8 Cinemas
1120 Grant Ave.

2 Guns (14A) Fri-Mon 12:35-4:05-7:10-10 Tue-Thu 4:05-7:10-10
The Conjuring (14A) Fri-Mon 12:50-3:55-7:05-10:05 Tue-Thu 3:55-7:05-10:05
Despicable Me 2 (G) Fri-Mon 12:45-6:30 Tue-Thu 6:30
Despicable Me 2 3D (G) Fri-Thu 3:35-9:20
Elysium (14A) , Thu 10
Pacific Rim (PG) Fri-Sun 12:30-6:45 Mon 12:30 Tue 6:45
Pacific Rim 3D (PG) Fri-Tue 3:40
Percy Jackson: Sea of Monsters (STC) Wed-Thu 6:45
Percy Jackson: Sea of Monsters 3D (STC) Wed-Thu 3:40-9:45
R.I.P.D. (STC) Fri-Tue 9:45
Red 2 (PG) Fri-Mon 1-4-7-9:55 Tue 4-7-9:55
The Smurfs 2 (G) , Fri-Mon 12:25-6:40 , Tue-Thu 6:40
The Smurfs 2 3D (G) , Fri-Thu 3:25-9:35
The To Do List (14A) Fri-Mon 12:55-3:45-6:55-9:40 Tue 3:45-6:55-9:40 Wed 3:45-9:40 Thu 3:45-6:55
We're the Millers (14A) , Wed-Thu 4-7-9:55
The Wolverine (14A) , Fri-Sun 12:20-6:50 Mon 12:20-6:50 Tue-Thu 6:50
The Wolverine 3D (14A) , Fri-Sun 3:30-9:50 Mon-Thu 3:30-9:50

SilverCity Polo Park
815 St. James Street

2 Guns (14A) Fri-Sun 12:05-2:45-5:25-8:05-10:50 Mon-Tue 12:05-2:45-5:25-8:05-10:45 Wed 12:05-2:45-5:25-8:05-10:35 Thu 12:05-2:45-5:25-8:05-10:45
Andre Rieu Live in Maastricht 2013 (STC) Wed 7
The Conjuring (14A) Fri-Thu 11:55-2:30-5:10-7:50-10:35
Despicable Me 2 (G) Fri 12-2:35-5:05 Sat 11:20-2:35-5:05 Sun-Tue 12-2:35-5:05 Wed 12-2:25-4:50 Thu 12-2:35-5:05
Despicable Me 2 3D (G) Fri-Tue 7:35-10:10 Wed 8:05-10:35 Thu 7:35-10:10
Earth (G) Sun 12:45 Wed 11
Elysium: The IMAX Experience (14A) Thu 10
Grown Ups 2 (14A) Fri 12:25-3-5:30-8:10-10:40 Sat 12:30-4:15-7:20-9:55 Sun 12:15-3-5:30-8:10-10:40 Mon-Tue 12:25-3-5:30-8:10-10:40 Wed 11:15-3-5:30-8:10-10:40 Thu 1:30-4:15-7:25-9:45
The Heat (14A) Fri-Sat 11:55-2:45-5:30-8:15-11 Sun 2:45-5:30-8:15-11 Mon 11:55-2:40-5:20-8:05-10:50 Tue 11:55-2:40-5:20-8:05-11 Wed 11:55-2:40-5:20-10:45 Thu 1:05-4
The Lone Ranger (PG) Fri-Tue 3:30-9:40
Mamma Mia! (PG) Thu 7
Monsters University (G) Fri-Tue 12:40-6:55
Moulin Rouge (PG) Sat 12:45
My Dog Skip (STC) Sat 11
Pacific Rim: An IMAX 3D Experience (PG) Fri-Wed 1:30-4:35-7:40-10:45 Thu 12:45-3:50-6:55
Percy Jackson: Sea of Monsters 3D (STC) Wed-Thu 12-2:40-5:20-7:55-10:30
Planes 3D (G) Thu 7-9:30
R.I.P.D. 3D (PG) Fri 12:50-3:20-5:50-8:20-10:55 Sat 3:20-5:50-8:20-10:55 Sun 12:50-3:20-5:50-8:20-10:55 Mon 12:50-3:20-5:50-8:20-10:45 Tue 12:50-3:20-5:50-8:20-10:55
Red 2 (PG) Fri-Tue 4:20-7:15-10:05 Wed 4:10-7:15-10:05 Thu 4:20-7:15-10:05
The Smurfs 2 (G) Fri-Thu 12 Fri 1:35-4:10-7 Sat 11:05-1:35-4:10-7 Sun-Tue 1:35-4:10-7 Wed 10:55-1:35-4:10-7 Thu 1:35-4:10-7
The Smurfs 2 3D (G) Fri 2:35-5:10-7:45-10:20 Sat 11:10-2:35-5:10-7:45-10:20 Sun-Thu 2:35-5:10-7:45-10:20
This Is the End (18A) Fri-Thu 9:45
Turbo (G) Fri-Tue 1:45 Wed 11:05-1:30 Thu 1:45
We're the Millers (14A) Wed-Thu 12:10-2:45-5:25-8:10-10:50
The Wolverine (14A) Fri-Tue 1:10-4:15-7:20-10:15 Wed 4:15-7:20-10:15 Thu 1:10-4:15-7:20-10:15 Star & Strollers Screening, Wed 1
The Wolverine 3D (14A) Fri 2:10-5:05-8-10:55 Sat 11:05-2:10-5:05-8-10:55 Sun 2:10-5:05-8-10:55 Mon 2:10-5:05-8-10:50 Tue 2:10-5:05-8-10:55 Wed 12:15-3:15-7:15-9:40 Thu 2:10-5:05-8-10:50
World War Z 3D (14A) Fri-Tue 1:40-4:25-7:10-10 Wed 1:40-4:25-10:25 Thu 1:40-4:25-10

SilverCity St. Vital
110-1225 St Mary's Rd

2 Guns (14A) Fri-Thu 12:05-2:45-5:25-8:05-10:45
Andre Rieu Live in Maastricht 2013 (STC) Wed 7
The Conjuring (14A) Fri-Thu 2:40-5:15-8-10:40
Despicable Me 2 (G) Fri-Thu 12:25-2:50-5:20
Despicable Me 2 3D (G) Fri-Thu 7:55-10:25 Fri 12:10 Sat 11:30 Sun 12:20 Mon-Thu 12:10
Grown Ups 2 (14A) Fri-Tue 12:30-3-5:30-8:10-10:35 Wed 1:50-4:20-10:35 Thu 3:25-5:55-8:15-10:35
The Heat (14A) Fri-Tue 1:10-4-6:50-9:40 Wed 1:10-4-10:30 Thu 1:10-4-6:50-9:40
My Dog Skip (STC) Sat 11
Pacific Rim 3D (PG) Fri-Tue 1:35-4:30-7:25-10:30
Percy Jackson: Sea of Monsters 3D (STC) Wed-Thu 11:50-2:15-4:45-7:15-9:45
Red 2 (PG) Fri-Tue 7-9:50
The Smurfs 2 (G) Fri-Sat 12 Sun 11:50 Mon-Thu 12 Sat 11:05 Star & Strollers Screening, Thu 1
The Smurfs 2 3D (G) Fri-Thu 2:35-5:10-7:45-10:20
Turbo 3D (G) Fri-Sat 11:50-2:10-4:35 Sun 2:20-4:35 Mon-Tue 11:50-2:10-4:35
We're the Millers (14A) Wed-Thu 2-4:30-7:25-10:10
The Wolverine (14A) Fri-Thu 1-3:55-7:10-10:05
The Wolverine 3D (14A) Fri 1:45-4:40-7:35-10:35 Sat 10:55-1:45-4:40-7:35-10:35 Sun-Thu 1:45-4:40-7:35-10:35

mongrel

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"It's Better Than Anything You Can Imagine."
-Rex Reed, THE NEW YORK OBSERVER

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(Highest Rating) -Owen Gleiberman, ENTERTAINMENT WEEKLY

"Startling and Brilliant
Cate Blanchett gives the most complicated and demanding performance of her career."
-David Denby, THE NEW YORKER

Alec Baldwin
Cate Blanchett
Louis C.K.
Bobby Cannavale
Andrew Dice Clay
Sally Hawkins
Peter Sarsgaard
Michael Stuhlbarg

Blue Jasmine
Written and Directed by Woody Allen

Los Angeles Times CRITICS PICK · Entertainment Weekly The Must List #1 · The New York Times Critic's Pick · Certified Fresh Rotten Tomatoes · Critics Pick Time Out · Broadcast Film Critics Association Critics Choice

SUBJECT TO CLASSIFICATION

SONY PICTURES CLASSICS mongrel

IN THEATRES AUGUST 16TH!

It amounts to the most epic bathroom break in TV history

Interview. Bryan Cranston on Walter White's future in Breaking Bad's final season and the nature of his character

MEREDITH ENGEL
Metro World News

If you're not caught up on Breaking Bad, you might want to stop reading here. But if you are caught up, you know that last season's cliff-hanging finale ended with DEA agent Hank Schrader picking up some very special reading material while on the toilet — evidence to incriminate his brother-in-law, Walter White, for orchestrating the drug ring Schrader has had his eyes on since the first season.

While you might have been waiting with baited breath to find out what happens when Hank comes out of that bathroom, Bryan Cranston tells Metro he wasn't.

"I didn't ask for the whole year," says Cranston, who has played the series' lead Walter White since 2008.

He says he only got the script about two weeks before the episode began shooting. "I don't need to have a lot of information in my head."

Fans won't have to wait much longer to discover what happens next, as the series returns for its final eight episodes beginning Sunday. Cranston himself was mum about the series finale when we spoke to him last month. But he did share plenty of insight into a series he calls a "cautionary tale," about a man whose hunger for power just couldn't be satiated.

Breaking Bad returns for its eight final episodes starting Sunday. The long-awaited showdown places Hank Schrader in direct conflict with the villainous hero, Walter White. FRANK OCKENFELS/THE ASSOCIATED PRESS

How many people know the ending right now?
Maybe about 20. It's gonna go up to about 200. … There are several things that happen, as you might guess, in the last eight — many twists and turns that you will gasp at.

Why do you think people from all walks of life really connect to this show?
Well, I think because it's honest. We're exploring sociopolitical relationships. Some people were gleaning that, "Oh, this is a condemnation of the medical care system in the United States, because here's a man who is a teacher, and a well educated man, and he cannot provide for his family." … We are telling this story in that manner that is resonating with people because it's not about drug manufacturing or drug usage; this story is about decisions that people make and the slippery slope that (can) happen.

Are you happy with Walt's ending?
I'm very pleased. You know, there was apprehension of reading the last episode because once you read the last episode, there's no more episodes to read — it's just like, whoa, I don't want it to end. But I can honestly say that fans of our show will be very pleased, very satisfied with the outcome. It's very Breaking Bad — unapologetic and very appropriate. We cover it all. I can tell you this: There's not going to be a sense of, "Wait a minute, what?" That's not going to be the case with Breaking Bad.

A drug dealer with a conscience is still a drug dealer

Aaron Paul plays Jesse Pinkman on Breaking Bad. GETTY IMAGES

Aaron Paul has won two Emmys for his acting chops, so it's no surprise he was able to fool us into believing that the cast of Breaking Bad had filmed 12 different endings for the critically acclaimed series and that he was unsure which would make it to air.

But jokes aside, Paul says he does know how his character, the drug-dealer-with-a-conscience Jesse Pinkman, ends his run in these final eight episodes, and that he's happy with the trajectory.

"As a whole I'm very pleased," he tells Metro, saying that it's hard to discuss his character's final moments without giving anything away.

Also a challenge for the actor: Admitting that the series has come to an end.

"I think (I've) kinda moved past the mourning, or maybe not — maybe I'm just in denial," he says with a laugh.

"But this final round of cuts is just another reminder of how lucky we all are. Everyone's just so excited about the show coming out. I'm really excited for people to see what the writers have come up with. You're gonna be stoked."

While he won't reveal too much about the show's final season, he does tell fans to expect the same level — if not more — of darkness they've come to expect from the show's previous episodes. And now, with the end approaching, everything's at a heightened pace.

"I think the very first episode of the final eight, that's a violent punch to the throat," Paul says. "And it just never slows down. We all know how the season ended last year, so it pretty much starts right where it left off, and it's a constant, brutal sprint to the finish line.

"You would like to think that he is the moral compass," Paul says of his character. "But if you really think about it, he was a drug dealer and he's a murderer. … You hope that Jesse kinda comes out of this, but you know, who knows?"

MEREDITH ENGEL/METRO WORLD NEWS

Killing Jesse off

It's hard to imagine Breaking Bad without one of its central characters.

- **Who knew?** Paul's character was originally never meant to last beyond Season One. As Paul has told it, Jesse was supposed to lead Walter White into the drug trade and then get killed.

Breaking up with Breaking Bad is hard to do

Vince Gilligan, the Breaking Bad creator, is having trouble remembering to talk about things in the past tense.

"I say this in present tense but it's all past tense now, which makes me sad anew," he says with a laugh while talking about crafting the finale to his groundbreaking, award-winning series, Breaking Bad.

As Gilligan is adjusting to a life not spent chronicling the transformation of Walter White (Bryan Cranston) from a mild-mannered, cancer-ridden high school chemistry teacher to a ruthless meth kingpin, here's a glimpse of what's been on his mind.

He knew when to say when:
I had some very, very polite discussions. I never had any arguments, but I had Bryan Cranston say, "Are you sure you want to end it?" I had Sony and AMC say, "Are you sure you want to end it?" And it all came from a place of enthusiasm for the show and a desire for it to continue, and I have those same feelings of enthusiasm and desire. I wanted the show to go on forever for reasons of creative satisfaction and personal satisfaction. But it wasn't that hard of a decision to end it. I wanted it to end on a high note.

He doesn't know what you're saying about him:
I have this phobia about Googling myself. I've never done it, and I don't intend to start. I think my fear is I'm too interested, and if I started to look up fan reactions on the Internet, it would be a sort of rabbit hole that I would disappear down.

NED EHRBAR/METRO WORLD NEWS

Breaking Bad creator Vince Gilligan. GETTY IMAGES

Freak outs, flashbacks and the Lady in Black

SOUND CHECK
Alan Cross
scene@metronews.ca

Expanding your world, three videos at a time

Apple Cares/ Handsome Pixels

You may have seen the video of a woman's freak out caused by her failing to make an appointment at the Genius Bar. Naturally, it's all been remixed into a song.

Ready to Go/ Limp Bizkit Feat. Lil Wayne

Wait, is this 1998? And did we really need that shot of you sitting on a toilet? (NSFW).

Lady in Black/ Haroon and Adil Omar

The first-ever animated feature produced in Pakistan is The Burka Avenger, the story of a ninja-like heroine fighting for the rights of girls to get an education. The Taliban will hate this song from the soundtrack.

Alan Thicke doesn't think his son's song has any links to non-consensual sex. "It's still a guy waiting for permission," he says while talking about the chart-conquering hit Blurred Lines. CONTRIBUTED

Papa Thicke defends Blurred Lines

Alan Thicke wants to clear the air on Blurred Lines, his son Robin's chart-conquering smash hit that has generated plaudits and controversy practically in equal measure.

The single has been criticized for its risqué video — which features the junior Thicke along with collaborators Pharrell Williams and Atlanta rapper T.I. cavorting with topless models — as well as a lyrical refrain that allegedly implies a link to non-consensual sex ("I know you want it").

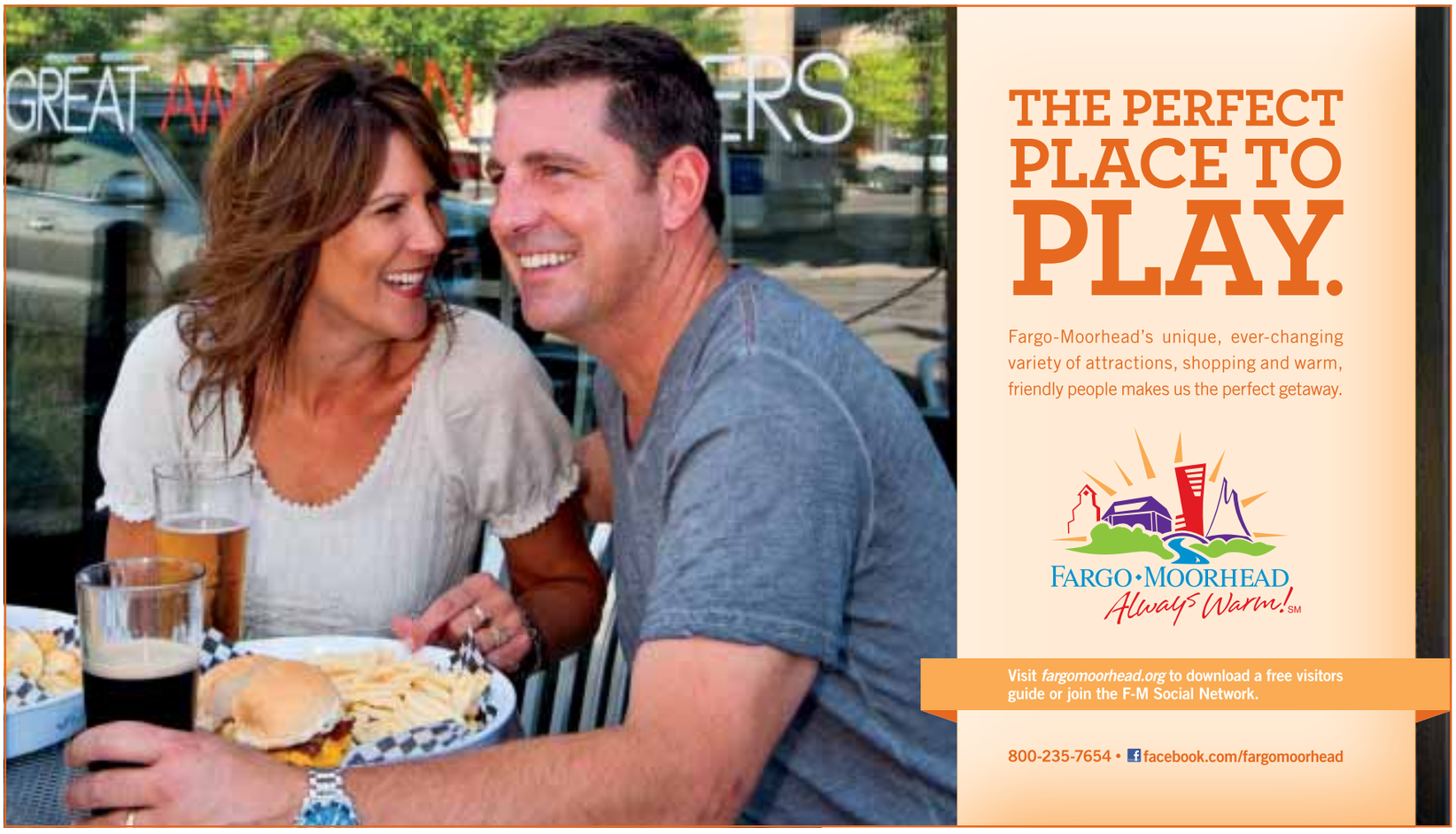
But the artist's Canadian-reared dad argues that critics are missing the point.

"I think that there are blurred lines within the Blurred Lines," the affable 66-year-old said in a telephone interview from his California home.

"T.I.'s rap is kind of graphic, Robin's point of view I think in his own parts of the song ... is kind of female empowerment when you look at it. It's not so much, 'We know you want it' — it's, 'We hope you want it.' It's still a guy waiting for permission, saying 'I'm not your maker.'" THE CANADIAN PRESS

Alan Thicke quotes:

- "We're not doing the Anthony Weiner story here, (they're) just kind of putting it out there playfully and we'll see who responds."
- "Most of the other videos for years have been about booty. ... For some reason when they switched from booty to boobie, everyone went nuts."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Lindsay Lohan. ALL PHOTOS GETTY IMAGES

Did Lindsay Lohan find a star-crossed lover in rehab?

Rehab was apparently a lot more fun for Lindsay Lohan than we previously thought — at least until a fellow Cliffside Malibu patient was reportedly kicked out for inappropriate sexual relations with the actress, according to Radar Online.

Lohan and the mystery man began "dating" shortly after she checked in, another patient claims.

"Prior to Lindsay's arrival I was roommates with the guy who ended up dating her. When she came, the first or second day they ended up kissing and it was on from there," the source says.

"Everybody in rehab knew they were dating. It was pretty obvious. But the guy eventually got kicked out because of Lindsay. The guy who owns Cliffside slacked on the rules for Lindsay, but they got cocky with their relationship and people got uncomfortable with the situation, saying they couldn't do that stuff when people are trying to get well. I know that's why he was asked to leave. They interviewed everyone about it, and all the girls ratted them out because they hated Lindsay."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Beyoncé, and more celebs who chopped their hair off

The unthinkable has happened. Beyoncé, who pretty much runs the world right now, with her inexplicably voluminous waves flowing in her hip-shaking wake, has gone for the chop. She posted photos to her Instagram today of the bleached-blond do, immediately dividing her five million plus followers. In recognition of this monumental moment, we reflect on other celebrities who have divided the world with their haircut.

Anne Hathaway
The Les Mis star has never had the best luck with public opinion in the first place, but when she cut off her hair for the role of Fantine, things got messy. Alongside the usual haters you actually had Hathaway joining in herself, saying she looked like her "gay brother" and claiming to be "inconsolable."

Emma Watson
Hermione without her signature bushy long hair is almost as shocking as Beyoncé without her iconic locks.

Rihanna
When Rihanna first went for the crop it signalled the end of the Pon de Replay era and the beginning of the provocative singer as we now know her.

Miley Cyrus
What better way to wave her Disney days goodbye than with a bleached pixie cut? The new, punked-up Miley was probably a bit of a surprise to her pre-teen fan base. She's still working on making her image click. METRO

Amanda Bynes.

Drake speaks out on Amanda Bynes' obsession

With Amanda Bynes safely under psychiatric care and off Twitter — for the moment, at least — Drake is finally speaking out about the troubled actress' seeming obsession with him that resulted in a steady barrage of tweets calling him "stunning" one day and "ugly" the next.

"I don't even know who that is doing that or what that's about," Drake tells XXL magazine.

"If that is her, I guess it's a little weird and disturbing. It's obviously a behavioural pattern that is way bigger than me."

Twitter

@Pink
I won't write this in a song because it would be cheesy..... But my husband is really good to me.

@lenadunham
"In terms of how often to shower, I think it's all about how YOU feel" --advice I just gave to a child.

@AnnaKendrick47
I can't be the only one who manages to consistently take off ALL the toppings of my pizza in the first bite. Right? #BigTeeth

OH. MY. SMURF.

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Liquid Assets

Hop(s) to it

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

With craft beer hotter than you know where, larger producers are caught in a bit of a conundrum. How, after decades of massaging the taste profile of their brands so they appeal to the masses, do they compete with up-starts that are all about in-your-face flavours?

Many have returned to their kettles to take advantage of beer's primary flavouring agent — the often unheralded hop.

Hops are the lady part of the humulus lupulus plant. And while the water or grain source of your fave brew influences its personality, individual hop strains provide the bitter goodness and expressive character.

Alexander Keith's, the one-time Nova Scotia exclusive that's now carried across the country, is proving my point by creating a unique series of ales named for the specific hop used.

Its Cascade Hop Ale (473 ml, $2.55 to $3.49) is a mellow session beer with citrusy overtones and a nice, bitter bite. The Hallertauer Hop Ale (473 ml, $2.55 to $3.49) is lighter with more of a backseat bitterness that lets the malt shine through.

Try both with classic barbecue fare or spicy, hard to match dishes like Indian curries. **PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Get creative and cool down by making your own flurry combinations at home. MATTHEW MEAD/ THE ASSOCIATED PRESS

A flurry of sweet treats

Ice cream. Need a fresh way to chill out this summer? How about DIY flurries?

A flurry is simple — and it isn't something you can only get at the ice cream shop. You start off with ice cream, usually a basic flavour, then you stir or mix or blend all kinds of things into it. It's not a float; no liquid is added. It's like an ice cream sundae, but with the toppings blended instead of piled on top.

Start with a pint of ice cream. Remove the lid and microwave it for about 10 seconds. Test it with a spoon. The ice cream should still be frozen, but should give when pressed with the back of the spoon. If it's not ready, continue microwaving in 5-second bursts, testing in between.

Now you're ready to mix. You can keep it simple and just use a spoon to mix the ice cream and toppings in a bowl, but where's the fun in that? Ice cream shops often use a stick blender, an item you may not have. So instead, toss everything into the food processor and pulse a few times.

As for what to use to flavour your flurries? Anything goes.

Snowstorm
Vanilla ice cream, Peppermint Pattie candies, crushed peppermint sticks, a few drops of mint extract.

Coca Beach
Chocolate ice cream, toasted macadamia nuts, toasted coconut, hot fudge sauce.

Satisfaction
Sweet cream ice cream, crushed salted peanuts, caramel sauce, chopped Snickers candy.

Berry Basket
Black raspberry ice cream, chopped fresh strawberries, blueberries, raspberries.

Concession Stand
Vanilla ice cream, chocolate sandwich cookies, crushed pretzels, gummy bears, M&M's, caramel sauce, malted milk balls.

Silver Screen
Vanilla ice cream, caramel popcorn, chocolate-covered peanuts.

Campfire
Vanilla ice cream, crushed chocolate-covered graham crackers, chopped smoked almonds, chopped marshmallows, hot fudge sauce.

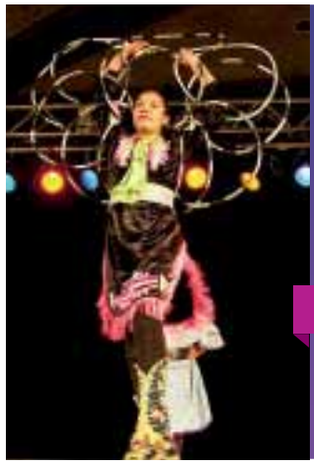
Ultimate Peanut
Chocolate ice cream, peanut butter sauce, chopped Butterfinger candy bar, chopped Reese's Peanut Butter Cups, salted peanuts, peanut butter M&M's.

Dark Horse Cherry
Chocolate ice cream, chopped maraschino cherries, crushed chocolate sandwich cookies, finely chopped espresso chocolate.

Melba
Raspberry swirl ice cream, chopped peaches, fresh raspberries, finely chopped candied ginger.

Banshee
Coffee ice cream, bananas, toasted almonds, cinnamon, crushed toffee.

THE ASSOCIATED PRESS



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Dakota Ojibway Tribal Council

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The University of Winnipeg

Ooh, you're just so herbaceous!

Herbed Chicken with Sweet Potato Mash and Sautéed Broccoli

This recipe serves four. NEWS CANADA

This recipe is perfect for rainy summer days as the warm, creamy potatoes provide comfort and play the perfect partner to this herbaceous chicken.

1. Preheat the oven to 350 F (180 C) or 320 F (160 C) for convection oven and cook the chicken according to the Maggi pack instructions.

2. About 15 minutes before the end of the chicken cooking time, place the diced potato into boiling water for 5 minutes, then add the sweet potato and cook until the potatoes are tender. Roughly mash, adding butter, salt, and pepper to taste, then mash thoroughly.

3. Heat the oil in a pan and quickly sauté the broccoli until tender. Cover to keep warm.

4. Remove the chicken from the oven, leave to cool for a minute then cut the bag open and gently tip the contents into a dish.

5. Slice the chicken breasts into chunky pieces on a board, keeping the chicken breast shape together.

6. Serve the mashed potato topped with the chicken and remaining sauce with a side of broccoli.

NEWS CANADA/ MAGGI

Ingredients

- 4 chicken breasts
- 1 pack Maggi So Juicy Mixed Herbs
- 1 large Russet potato, peeled and diced
- 3 large sweet potatoes, peeled and diced
- 2 tbsp butter
- Black pepper and salt
- 1 tbsp olive oil
- 1 medium head of broccoli, cut into florets

Broccoli & Ham Salad

1. In a large bowl combine all ingredients except last two and mix well. Drizzle lime juice over salad; season with salt and pepper to taste. NEWS CANADA/ PILLERS.COM/SIMPLYFREE

Ingredients

- 175 g pkg. Piller's Simply Free Smoked Black Forest Ham slices, diced
- 250 ml (1 cup) broccoli florets, sliced
- 325 ml (1 can) mandarin oranges, drained
- 125 ml (1/2 cup) roasted red pepper, sliced
- 125 ml (1/2 cup) fresh blueberries
- 60 ml (1/4 cup) extra virgin olive oil
- 125 ml (1/2 bunch) fresh basil, thinly chopped
- Juice of two limes
- Salt and pepper

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SelFISH

WHEN: Saturday, August 10th
TIME: 11:00am – 3:00pm
PLACE: SelFISH the Sushi Shop
1-835 Dakota Street

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COST: $10 gets you either a 12 piece Sushi Sampler OR a vegetable, chicken or beef stir-fry. All proceeds will be donated to Arcane Horizon Inc.
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Nathan Cameron is the beverage manager for the Prime Restaurants Inc. chains, including Casey's, East Side Mario's, Bier Markt and several Irish pubs. THE CANADIAN PRESS

Making a summer soiree drink list and checking it twice

Entertaining.
Flavoured ciders can add different taste profile to classic drink recipes

The problem with trying to create a signature drink for a dinner or patio party is that "you simply can't be everything to everyone," says mixologist Nathan Cameron.

So instead of one signature drink, the beverage manager for the Prime Restaurants Inc. chains, including Casey's, East Side Mario's, Bier Markt and several Irish pubs, suggests choosing a category of drinks — sangrias, margaritas, mojitos or Caesars, for example — and offering several options within the category that will appeal to a wide variety of tastes, such as sweet, savoury, sour or bitter.

Substitutions also can be made to turn all of these into non-alcoholic drinks.

"But don't try to do too much," Cameron says. "Otherwise, you'll get overwhelmed, cut corners and you won't be happy with the results."

A successful drinks menu requires as much planning and preparation as a dinner menu, he says. A host needs to consider how long the guests are likely to stay, whether they include children, how hot the weather is and "ease of execution" in preparing the drinks.

On a hot day, cool and refreshing sippers are preferable to heavily sweet drinks that may make guests lethargic or to classic cocktails high in alcohol and low in volume, which might encourage overconsumption.

Flavoured ciders (fermented or not) add a different taste profile to classic drink recipes.

The first step is to research what you will need for the basic recipes, both with and without alcohol. But the key is in the garnishes. At this time of year, choose the freshest seasonal fruits, berries, herbs and vegetables available, along with citrus — orange, lemon, lime or grapefruit — and maybe one or two not-so-typical choices, such as pear, lychee or pomegranate.

Make a shopping list and do not stray from it.

At home, do as much preparation as you can before the party, such as making fruit purées or simple syrups if required. Have the fresh fruit washed, sliced and ready to go. Punches can be made ahead and sangria lends itself well to being made in quantity before a party, allowing the fresh fruits to ferment, with only soda, ice and garnishes added as drinks are served.

But for many other types of cocktails, "the drink's integrity isn't so good when you make a large quantity," Cameron says. "Ingredients tend to change when they're sitting in a large vessel and depending on how you're dispensing it, you may not get equal amounts of the flavours you want." THE CANADIAN PRESS

Don't forget about brews

- It's hard to imagine a Canadian summertime party without beer, so a combination of beer and beer cocktails may be a good drinks theme to choose. There are commercial beer cocktails available and no end to the ingredients you can use to make your own.
- Radler, a combination of beer and fruit juice (usually lemon-lime or grapefruit), is now available commercially in Canada and is a "great, refreshing option, whether you drink it over ice or straight up." Citrus wheat beer mixed 50/50 with apple cider is another suggestion.

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Vasek Pospisil celebrates after defeating Tomas Berdych at the Rogers Cup on Thursday in Montreal. GRAHAM HUGHES/THE CANADIAN PRESS

Pospisil closing in on tennis giants

Men's Rogers Cup. B.C. native pulls off an upset as Brit Andy Murray falls in straight-sets shocker

Vasek Pospisil and Milos Raonic will play in the quarter-finals of the men's Rogers Cup.

Pospisil was overcome with emotion after he came out on top of a tight match with fifth-seeded Tomas Berdych to win 7-5, 2-6, 7-6 (5) before a roaring crowd of supporters on Thursday at the $3.49-million US tournament.

Raonic, meanwhile, didn't even break a smile after a 7-5, 6-4 win over sixth-seeded Juan Martin Del Potro, the Argentine veteran who was coming off a victory last week in Washington.

The hard-serving Raonic received courtside treatment on an apparent right-arm ailment while leading 2-1 in the first set, but finished the match even as he winced while hitting some serves.

After Berdych hit wide on match point, the 23-year-old Pospisil flung his hat on the ground and held his head in happy disbelief.

"That was the best match in terms of atmosphere at the end that I've ever played," Pospisil said.

In Friday's quarter-finals, Pospisil will face Nikolay Davydenko, who downed fellow Russian Alex Bogomolov Jr. 6-4, 6-3.

"If I can keep playing the way I am now, at least I'll give myself an opportunity," Pospisil said.

It was the Vernon, B.C., native's first career win over an opponent ranked in the top 10.

Raonic, of Thornhill, Ont., will take on Latvia's Ernests Gulbis in the quarters after he upset Wimbledon champion Andy Murray.

Murray went down to a shocking 6-4, 6-3 defeat at the hands of Gulbis, whom Murray had beaten in all five of their previous meetings.

On centre court, fourth-seeded Rafael Nadal improved to 45-3 this year — best on the ATP Tour — with a 7-6 (6), 6-4 victory over 15th-seeded Jerzy Janowicz on Thursday.

THE CANADIAN PRESS

Baseball

Goldeyes Explore their range in shot-for-shot bout vs. Sioux Falls

It was a good old fashion slugfest as the Goldeyes had 17 hits on their way to a convincing 15-8 victory, completing the three-game sweep of the Sioux Falls Explorers.

A triple deep to right by Amos Ramon got the offensive juices flowing early in the first inning, followed up by a Josh Mazzola three-run dinger over the left field wall capping off a fast start to put the Fish up 4-1.

The Explorers made some noise in the second as Sam Judah pounded a solo shot over the wall in left, making the score 4-2.

Sioux City followed that up with another run in the fourth, slowly bringing themselves back in the game.

The offence was back at it in the fourth for the Fish as they hammered in seven runs off of six hits highlighted by a Josh Mazzola bases-loaded double, putting the Goldeyes up 11-3.

The Explorers kept it tight as they added two runs in the fifth, including a homer by Luke Murton.

They followed it up with two more in the sixth making it 11-7, keeping the Goldeyes on their toes.

The Fish look to continue their winning ways during this six-game home stand when they host the Sioux Falls Canaries on Friday.

TYLER ESQUIVEL/METRO

Late bloomer Hearn 1 stroke off lead at Oak Hill

David Hearn lines up a putt on the 13th hole of the PGA Championship's first round on Thursday.
CHARLIE RIEDEL/THE ASSOCIATED PRESS

David Hearn huddled with Mike Weir at the Canadian Open about learning from near-misses.

Weir, the 2003 Masters champion, is now 43 and settling in as a mentor to his younger countrymen. Hearn may be just coming into his own as a pro golfer at age 34.

Less than a month after losing in a playoff at the John Deere Classic for his best finish on the PGA Tour, Hearn shot a 4-under 66 on Thursday in the first round of the PGA Championship. That put him a stroke off the lead, tied with Lee Westwood behind Jim Furyk and Adam Scott.

The last time the PGA was played at Oak Hill 10 years ago, Weir was coming off his Masters title and was in contention heading into Sunday. The course is about 2 1/2 hours east of Hearn's hometown of Brantford, Ont. — best known as the hometown of Wayne Gretzky, who has also imparted athletic advice to Hearn.

Hearn lost in a three-man playoff July 14 to 19-year-old Jordan Spieth, the youngest winner on the PGA Tour in more than eight decades. Hearn was not that sort of prodigy. He played on the Web.com Tour from 2006-10.

Hearn describes himself as a patient golfer, a trait that has served him well in the bigger picture.

"My career has always had a certain progression, and I've always found a way to get competitive at the next level that I've been to," he said. "For me right now, it's just a matter of trying to continue that on, and as I've been on the PGA Tour for a few years now, I've gotten better at playing well in the bigger events." THE ASSOCIATED PRESS

Leading the pack

Even with a bogey on the final hole, Jim Furyk seized the clubhouse lead with a 5-under 65 Thursday before storms halted the opening round at Oak Hill for more. Masters champion Adam Scott joined Furyk at the top when play resumed.

- Tiger Woods made a mess of his final hole, finishing with a double bogey and a disappointing 71.

Argos crush the Als in dominant fashion

Toronto Argonauts' Ricky Ray gets set to throw the ball down field against the Montreal Alouettes in Montreal Thursday. PETER MCCABE/THE CANADIAN PRESS

John Chiles caught a pair of Ricky Ray touchdown passes and Chad Owens returned a missed field goal attempt 118 yards in the first quarter to send the Toronto Argonauts on to a 38-13 win over the Montreal Alouettes on Thursday night.

Ray threw his third touchdown pass to Jason Barnes in the second quarter and Noel Prefontaine added a field goal moments later as Toronto roared to a 31-0 lead.

The Argonauts won their third in a row to improve to 4-2, increasing their East Division lead to four points over Montreal and Hamilton.

The Alouettes, who played their first game since head coach Dan Hawkins was fired a week earlier, fell to 2-4. Montreal, which lost last year's East Division final to Toronto, has one win in four games at home in 2013.

Ray threw an 11-yard touchdown pass to Chiles 1:18 into the first quarter on Toronto's second play from scrimmage after Shane Horton recovered a fumble by Montreal's Noel Devine on the opening kickoff.

It was the first of three meetings between the teams over the next five weeks.

THE CANADIAN PRESS

Week 7

Argonauts	Alouettes
38	13

MLB

Strange winning tides in Pittsburgh

For 20 years, the Pittsburgh Pirates couldn't win. Now, it seems they can't lose.

Russell Martin's pinch-hit single with two outs in the 10th inning lifted the Pirates over the Miami Marlins 5-4 Thursday for their fifth straight win.

Martin delivered his fourth game-ending hit at PNC Park this year for the NL Central leaders.

The Pirates swept the three-game series and improved to 70-44, the best record in the majors. Miami lost a 4-0 lead and fell for the fifth time in a row.

"We're like the Miami Heat," Pittsburgh star centre fielder Andrew McCutchen said. "We play better in the second half of games."

Pittsburgh has had 20 consecutive losing seasons, a major North American professional sports record.

"It's been so much fun," Pirates second baseman Neil Walker said. "It seems like it's somebody different every day that's been the hero."

THE ASSOCIATED PRESS

NFL

Payton returns to sideline after serving suspension

Finally, Saints coach Sean Payton gets to do what he loves the most.

Nearly 19 months after he coached his last game, Payton will be back on the sideline when New Orleans plays the Kansas City Chiefs in an exhibition opener Friday night at the Superdome.

It won't come close to matching the intensity of his last game, a pulsating, excruciating 36-32 loss at San Francisco in the divisional round of the 2011 playoffs. But the dome should be rocking for his return from an unprecedented year-long suspension for his role in the bounty scandal. Without Payton, the Saints slipped to 7-9 last year, losing their first four games en route to their first sub-.500 season since 2007.

THE ASSOCIATED PRESS

Sean Payton GETTY IMAGES

Bettman: Great One gave NHL 'credibility' in U.S.

Hockey in the U.S.
NHL commissioner says Gretzky helped create hockey culture south of the border

Hockey fans of a certain age tend to remember where they were on Aug. 9, 1988, when the Edmonton Oilers traded Wayne Gretzky to the Los Angeles Kings.

NHL commissioner Gary Bettman was working for the NBA 25 years ago and doesn't recall exactly where he was. His most vivid memory came a couple of weeks later when he saw the Aug. 22 Sports Illustrated cover that featured Gretzky and Los Angeles Lakers star Magic Johnson.

"(I) remember thinking at the time that that demonstrated a huge step forward for hockey and its credibility," Bettman told The Canadian Press on Thursday. "It was obviously something that, in the annals of sports, was one of those seminal events that gets a tremendous amount of attention because of its import and impact."

Sports Illustrated's cover read, "Great move, Gretzky." At the expense of the Oilers and their fans, it also turned out to be a great move for hockey in the United States, which benefited from expansion and an infusion of players at the youth level.

Gretzky's impact

"(I) remember thinking at the time that that demonstrated a huge step forward for hockey and its credibility."

Gary Bettman, NHL commissioner, on the significance of the Gretzky trade from Edmonton to L.A.

"People paid attention to hockey in places where they might not have focused on it as much, and it was clear there was a great deal of interest in the game," Bettman said. "Wayne's presence in L.A. was the catalyst for that."

When Gretzky arrived in L.A., The Forum wasn't a loud or intimidating place to play. Sellouts and celebrity appearances became the norm, thanks to him. Soon after, Gretzky's impact was felt beyond L.A. The league added a second California team in 1991 with the expansion San Jose Sharks and a third in 1993 with the Anaheim Mighty Ducks.

"It was the reaction of people to the game," Bettman said of the cause and effect. "Wayne's presence in L.A. and the success the Kings had demonstrated that hockey had credibility in so-called ... non-traditional markets." THE CANADIAN PRESS

Wayne Gretzky retired as a New York Ranger in 1999.
THE CANADIAN PRESS FILE

Horoscopes

♈ Aries
March 21 - April 20
There may be a 90 per cent chance that what you are about to embark on will end in failure, but don't let that stop you. Maybe the percentages are wrong. Maybe you can will yourself to success.

♉ Taurus
April 21 - May 21
Do something that upsets those who don't like it when changes have to be made. Just because others have settled into a safe rhythm does not mean you have to as well.

♊ Gemini
May 22 - June 21
If there is something you want, just take it. Be aware, however, that when you take from others it gives them the right to take from you in return.

♋ Cancer
June 22 - July 23
You may be desperate to change your life for the better but it won't happen overnight. Anything that is worth having is worth working for, so roll up your sleeves and get in there.

♌ Leo
July 24 - Aug. 23
Self-doubt may be alien to you but there will be times over the next couple of days when you begin to wonder if you are doing something the wrong way. Maybe you are. Even a Leo gets it wrong sometimes.

♍ Virgo
Aug. 24 - Sept. 23
Do something today that reminds those around you how dangerous it can be to take you for granted. You don't have to make it shocking or outrageous but, on the other hand, there's no reason why you should not!

♎ Libra
Sept. 24 - Oct. 23
Pick a side and join in some kind of battle today. Does that thought fill you with fear? It shouldn't. The only people who have cause to be alarmed are those who find themselves on the opposite side to you.

♏ Scorpio
Oct. 24 - Nov. 22
Saturn in your sign is pushing you to your limits but that's OK because you enjoy being tested. Decide on a course of action over the next 24 hours and stick to it.

♐ Sagittarius
Nov. 23 - Dec. 21
The best way to deal with criticism is to ignore it. Someone will say something today that is neither true nor fair but so what? Your ego is tough enough to take it.

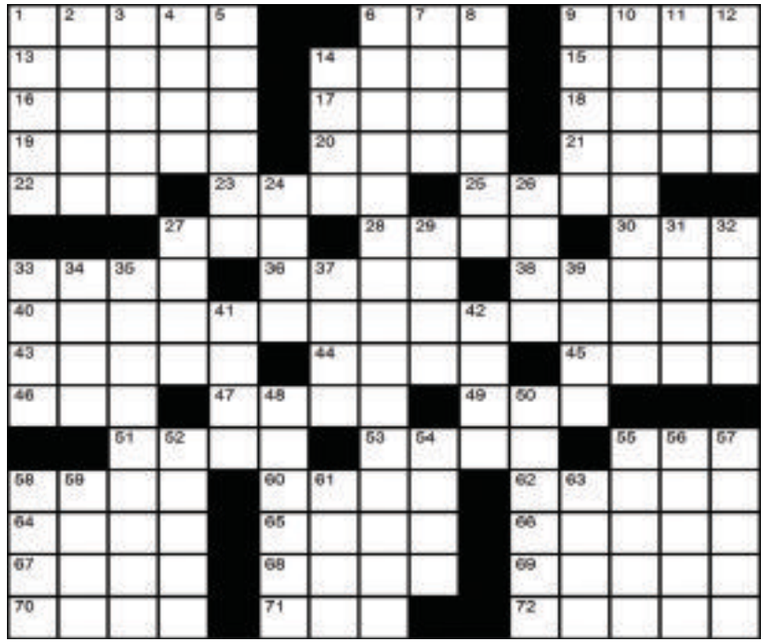
♑ Capricorn
Dec. 22 - Jan. 20
You will be faced with a situation that makes you angry today but don't let it get out of hand. Before you lose your temper try asking yourself who is most likely to get hurt by it: your rival or you?

♒ Aquarius
Jan. 21 - Feb. 19
There are times when it's OK to be selfish and this is one of them. The more other people try to move you in a certain direction, the more you must insist on going some other way, just to annoy them.

♓ Pisces
Feb. 20 - March 20
You are under divine protection and don't need to worry about the day's events or what the future may bring. Do what feels right. One way or another it will work out. **SALLY BROMPTON**

Crossword: Canada Across and Down

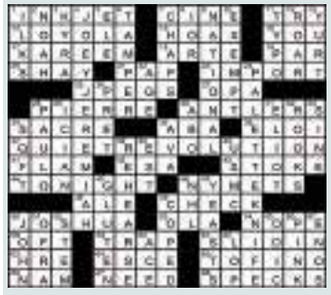
See today's answers at metronews.ca/answers.
BY KELLY ANN BUCHANAN



Across
1. Trendy spot in Calgary, __ Loop
6. __ Newtons
9. Fast food titan Ray
13. Hit _ __ note
14. Additionally
15. Greeting in Granada!
16. 1989 k.d. lang and The Reclines album: 'Absolute Torch and __'
17. Boyfriend
18. Mr. Lincoln, et al.
19. "Mr. Dressup" puppet
20. Wail
21. "__ Me Kate" (1953)
22. President after F.D.R.
23. Mr. Neeson
25. Ireland, in verse
27. __ Moines, Iowa
28. Literary collection, for short
30. Grass 'blanket'
33. Walking speed
36. Afghanistan's Tora __
38. __ cologne: 2 mots
40. Sci-Fi role for Canadian actor Hayden Christensen: 2 wds.
43. "Designing __"
44. Shakespeare King
45. Trait carrier
46. Snooze
47. Detect
49. Alias, e.g.
51. "Begone!"
53. Ms. Dunaway
55. HELP!
58. Creamy cheese
60. Dog's wagger
62. Like bell-bottoms
64. Proportionately, Pro __
65. Top-notched
66. Cave art sight
67. New-__
68. Dishwater bubbles
69. Furious
70. Wind burst
71. Tiny tallnesses
72. Hooked-up the car

Down
1. Pair up
2. __ __ expected (No surprises there)
3. Cooked-in-an-oven dish
4. Beach bump
5. Socks pattern
6. A sturdy chair that can be reupholstered ...and, oh look! vintage albums over there...: 3 wds.
7. "_ __ Her Standing There" by The Beatles
8. Singer/actor/theatre star Robert
9. Hue in an army camouflage outfit
10. Toronto-born actress/writer on both SCTV and SNL: 2 wds.
11. Cheers, but banes to bull ears
12. Singer, Mama __
14. Swedish pop band
24. Paperback's ID
26. Ostrich-like bird
27. Faked move
29. "Glee" actress Ms. Rivera
31. Genesis garden
32. "The Way We __" (1973)
33. Hock
34. Buffalo type
35. Firepit/tent/nature locales
37. Norwegian city
39. Aquatic organism
41. "Not __ __ many words."
42. Actress Fay
48. __ Corporation (Saskatchewan fertilizer company, the largest in the world)
50. Muppets frog
52. Courage
54. Beers
55. Drinking prop
56. Pontificate
57. Rubber-__ shoes
58. Crow
59. Spaghetti sauce brand
61. August: French
63. Overseas currency

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	9	4	7	5	3	8	2	6
5	6	3	8	2	6	7	4	1
2	8	7	1	6	4	5	3	9
4	2	9	6	7	5	1	8	3
6	7	8	3	4	1	9	5	2
3	5	1	2	8	9	4	6	7
7	4	2	5	9	6	3	1	8
9	1	5	8	3	2	6	7	4
8	3	6	4	1	7	2	9	5

Weather

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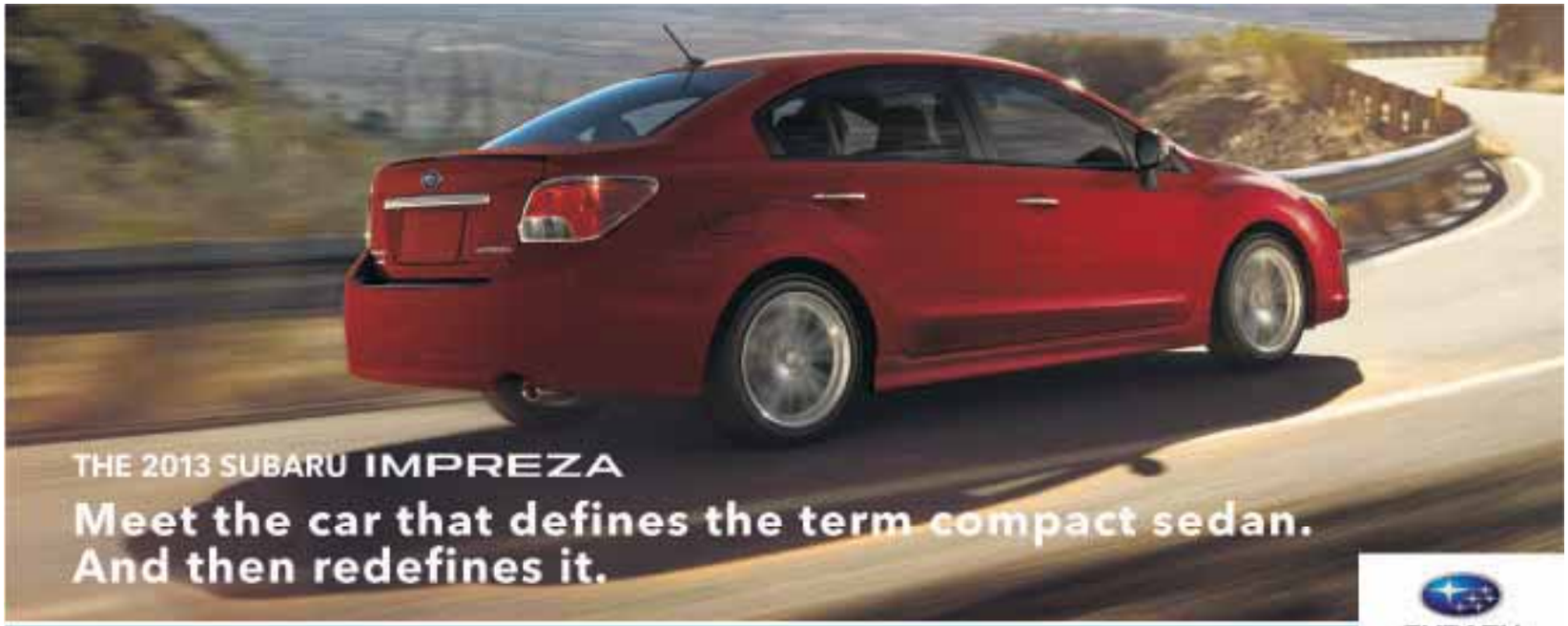

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